

## APOS ASM PROGRAM

### SATURDAY 11 SEPTEMBER

7:45am	Registration
8.00am	Business meeting
8.30am	Session 1
10.00am	Morning tea
10.30am	Session 2
12.30pm	Lunch
1.00pm	Session 3
2.00pm	Close for day & Golf
7.00pm	Conference Dinner (offsite see details)

### SUNDAY 12 SEPTEMBER

8.00am	Business meeting
9.00am	Session 1
10.00am	Morning Tea
10.30am	Session 2
12.30pm	Lunch and close of conference.

## SOCIAL PROGRAM

### SOCIAL PROGRAM

**GOLF** - The Crowne Plaza at Pelican Waters is located on a Greg Norman designed Golf Course. Golf tee-off has been reserved for Saturday afternoon from 2.00pm. Places are limited, please book via the registration form to secure a space.

**WELCOME FUNCTION** - 6.30pm : Friday 10th September, 2010  
Please join us for a family friendly drink and cocktail reception to mark the beginning of the Annual Scientific Meeting. Tickets can be purchased via the registration form.

**CONFERENCE DINNER** - Tides Waterfront Dining (offsite)  
7.00pm : Saturday 11th September, 2010

We invite you to join us for the conference dinner at Caloundra's premier restaurant.

Tides waterfront dining is all about the great food, friendly service and stunning views. The restaurant has 270 degree views, overlooking the Pacific Ocean, Pumistone Passage and picturesque Glass House Mountains.

Dinner is for adults only and a bus will transport delegates offsite. Please ensure if you bring families you contact the hotel to make babysitting arrangements.

## ABSTRACTS

All abstracts submissions for APOS are due by 6th August, 2010. These will be considered by the committee and presenters notified by e-mail. Abstract allocations will be allotted 10minute presentation time, followed by 4 minute question time. All abstracts should be submitted in the format below:

Abstracts should be set out in Arial Narrow 11 point text, with the following headings:

1. Title (must be in bold "CAPITALS")
2. Authors and affiliations (must be in bold "Title Text Only")
3. Maximum limit of 300 words
4. Set-out must contain the following headings:  
Aims, Methods, Results, Conclusions.

Submissions: all submissions must be sent electronically as a Microsoft word attachment to [rfielding@qce.net.au](mailto:rfielding@qce.net.au)

## DIFFICULT CASE SUBMISSION

All cases should be submitted as a powerpoint presentation by 6th August 2010. Cases are required to be electronic and should include copies of x-rays, imaging boxes will not be available on the day.

## ACCOMMODATION

The 2010 meeting will be held at the Crowne Plaza Golf Resort & Spa, Pelican Waters.

The resort is situated just 90 minutes drive from Brisbane International & Domestic Airports, 40 minutes from Sunshine Coast Airport and only minutes from the Sunshine Coast beaches. A number of accommodation types have been held, but are subject to availability, so please book early to ensure you have a room on hold.

### Accommodation Types Available

Double Studio	<b>\$135.00</b>	(2 double beds)
1 Bedroom Suite	<b>\$180.00</b>	(1 x queen bed with separate lounge and kitchenette)
2 Bedroom Suite	<b>\$269.00</b>	(1 x queen bed, 2 x king singles with separate lounge and kitchenette)

For further information please check out the hotel website at: [www.crowneplazapelicanwaters.com.au](http://www.crowneplazapelicanwaters.com.au)

Crowne Plaza Golf Resort & Spa, 38 Mahogany Drive, Pelican Waters, Caloundra QLD 4551 Ph: 1800 213 422

### Registrations & Cancellations

All registrations, amendments or cancellations must be made in writing and will not be accepted over the phone. Once your registration is received it will be logged, charged and confirmation and a receipt will be issued to you as soon as possible. Please note bookings will only be held for 2 weeks without payment, please ensure payment is sent with your booking form.

Cancellations/amendments – once your cancellation / amendment is received in writing it will be logged and acted upon. Every effort will be made to refund cancellations / amendments, however please note this will be subject to the hotel's cancellation policy. Please read your confirmation letter very carefully when it arrives to ensure you are aware of the cancellation policies. If you do not receive a confirmation letter within 2 weeks of registering please contact QCE immediately on 617 3356 5804.

# Australian Paediatric Orthopaedic Society & AOA Instructional Course

Annual Scientific Meeting

9th – 12th September, 2010

Crowne Plaza Golf Resort,  
Pelican Waters, Caloundra



# AOA INSTRUCTIONAL COURSE A

Welcome to the 2010 APOS/AOA Instructional Course in Paediatric Orthopaedic in conjunction with the annual meeting of APOS.

The 2010 program has something for all attending, including registrars, Orthopaedic Consultants and Paediatric Orthopaedic Surgeons. Once again the emphasis will be on interaction between faculty and attendees. In addition to six small group sessions (grouping done by attendee experience), there will be 3 Mini-Symposia - each with a series of focused talks on an aspect of the major topic and finishing with a panel discussion to further delineate an approach to management of these problems. We look forward to welcoming you in 2010. Numbers are limited, please book early.

Gary Nattrass - *President APOS*

## Invited Keynote Speakers

Professor Hank Chambers, University of California, San Diego  
 Professor George Rabb, University of California, Sacramento  
 Professor Bill Cole, University of Alberta, Edmonton

## Instructional Course Program Coordinator

Michael Johnson

## APOS Scientific Program Coordinator

Ivan Astori



## THURSDAY 9 SEPTEMBER

7.30 - 8.00am	<b>Conference registration</b>
8.00 - 8.05am	Introduction
8.05 - 8.20am	Observational gait analysis
8.20 - 8.30am	An approach to the limping child
8.30 - 8.40am	How to recognize and investigate a neuromuscular disorder
8.40 - 9.50am	<b>Cerebral Palsy</b> Aetiology and classification Gait lab assessment Upper limb Hip Lower extremity Spine Questions to the panel
9.50 - 10.10am	<b>Morning tea</b>
10.10 - 11.10am	<b>Small Groups:</b> Pathological gait
11.10 - 12.10pm	<b>Small Groups:</b> Upper extremity trauma
12.10 - 1.10pm	<b>Lunch</b>
1.10 - 1.30pm	Slipped upper femoral epiphysis 2010 – just about all you need to know!
1.30 - 2.30pm	<b>Developmental dysplasia of the hip</b> Pathology / definitions Early management: including screening, investigation, bracing Operative treatment of the dislocated hip Treatment of persistent acetabular dysplasia
2.30 - 3.00pm	<b>Afternoon tea</b>
3.00 - 4.00pm	<b>Small Groups:</b> Management of DDH
4.00 - 5.00pm	<b>Small Groups:</b> SUFE: complications and residual deformity management

## FRIDAY 10 SEPTEMBER

8.00 - 8.15am	Congenital problems of the upper limb
8.15 - 8.30am	An approach to the child with Erb's palsy (OBPP)
8.30 - 9.30am	<b>Deformity management principles &amp; practice</b> Angular deformities of the lower limb: to treat or not to treat Deformity planning principles Management of growth plate fractures Illustrative case examples: where is the CORA?
9.30 - 10.00am	<b>Morning tea</b>
10.00 - 10.30am	<b>Orthopaedic problems in the syndromic child</b> Overview: themes in syndromic children Arthrogryposis Neurofibromatosis Marfans Downs
10.30 - 11.10am	<b>Small Groups:</b> Cases of deformity planning, management and complications
11.10 - 12.00pm	<b>Small Groups:</b> Injuries of the pelvis, hip, femur
12.00 - 1.00pm	<b>Lunch</b>
1.00 - 1.50pm	<b>Paediatric knee</b> An approach to the Patello femoral joint in adolescence ACL injuries in adolescence Osteochondritis dissecans Cases
1.50 - 2.30pm	<b>Paediatric foot conditions</b> Equinovarus foot: aetiology and classification CTEV: Ponseti management and principles CTEV: operative management Cavus foot: diagnosis and management Questions
2.30 - 3.00pm	<b>Afternoon tea</b>
3.00 - 4.00pm	<b>Small Groups:</b> Postural abnormalities of the paediatric lower extremity (including genu varum and valgum; torsional abnormalities; and common foot problems: flat foot, tarsal coalition and metatarsus adductus)
4.00 - 4.10pm	Closing ceremonies